

Pacifica District Torrance Beach Path 25 Mile Bike Ride

Saturday, December , 7th 7:30 AM

(weather permitting)

This event is \$10

Registration will be opening soon. Cost includes lunch. Merit Badge will kick off at the Pacifica Merit Badge Day. You do not have to attend the merit badge day to participate in the rides.

Start to Finish - Beach Path – Torrance to Marina Del Rey

There will be a zoom meeting before each ride to review the requirements and details. The Merit Badge Day on October 12th at the Torrance Scout House will help the Scouts complete the non-ride requirement of the merit badge, but is not a requirement for the ride.

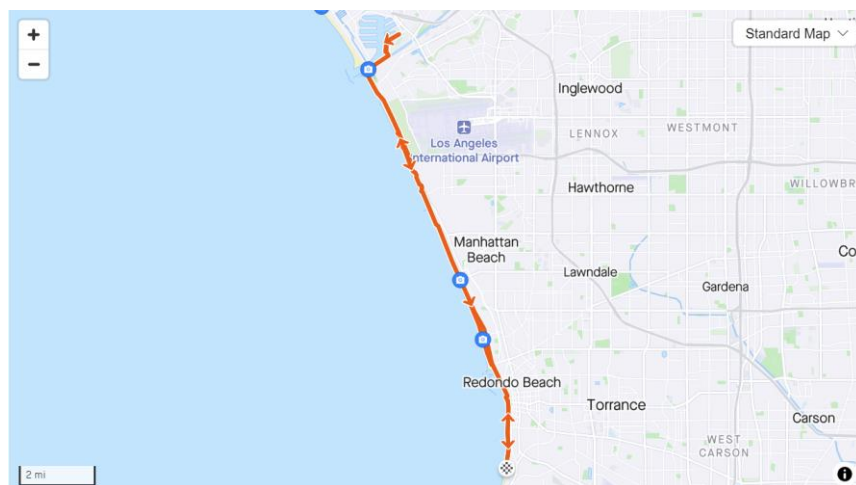
Participation in the ride requires the following:

- Reliable/inspected bicycle (no single speed BMX type bikes for long rides, 25-50)
- Each rider must carry an extra inner tube
- Helmets are mandatory for all riders
- Carry water and snacks (500+ calories)

- Riding gloves recommended
- Each Scout must carry a first aid kit (focus on abrasions), emergency repair kit, means of tire inflation, and copies of route and maps
- Each Troop must have an adult driver on call in case pick up is required along the route
- Class B shirts for Scouts. Cycling or other appropriate (non-BSA) shorts and shoes acceptable

Make sure to train & practice!

25 mile riders should have recently ridden 10+ miles. Recent cycling experience **HIGHLY** recommended



Questions: Please email: Sheila A Stewart (sheandjc@yahoo.com),