

## 31 Day Lion Challenge

Help your Lion keep their skills sharp by taking on our 30- day challenge with activities to help with adventure and elective requirements!

\*Craft supplies needed to complete activities can be any house held items such as toilet paper rolls, left over cardboard boxes, storage containers, LEGOs and coloring items. /

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1. Make a thank you sign or card for you local Garbage Truck Driver or the Mail Person. (Requirement 2-King of the Jungle)	2. Family discussion how can you (lion) be a good citizen in your community? (family, school, den) (Requirement 2-King of the Jungle)	3. Make a flag mosaic out of construction paper and glue. *Tutorial found on GLAAC Facebook and Instagram (Activity 3-King of the Jungle)	4. Flag knowledge take an American flag and with your Lion ask them what they know about the flag. Explain what makes up the flag and what they represent. (Activity 3-King of the Jungle)
5. Family discussion What are some ways that you can conserve water? (Requirement 3-Animal Kingdom)	6. Put into place the activity your family discussed about saving water. (example turning off the water while your brush your teeth) (Requirement 3-Animal Kingdom)	7. Family discussion talk about how you can recycle at home (Requirement 3-Animal Kingdom)	8. Put a system in place at your home where your family can better recycle plastic, paper and glass. (Requirement 3-Animal Kingdom)	9. Make a game out of learning what to do in 8 emergency scenarios. Flash card worksheet provided on the GLAAC Facebook and Instagram. (Requirement 2-Animal Kingdom)	10. Practice two of your emergency scenarios. (Requirement 2-Animal Kingdom)	11. Try three new exercises. Do them for the next three days. (Requirement 1-Fun on the Run)
12. Choose two new emergency scenarios to work through. (Requirement 2-Animal Kingdom)	13. Practice the Cub Scout Sign and Motto. How can you live by the motto today? (Requirement 2&3 Lion's Honor)	14. Make a healthy snack and have a picnic in the yard with your family. (Requirement 2-Fun on the Run)	15. Repeat the Scout Oath. What does the Scout Oath mean to you? (Requirement 2&3 Lion's Honor)	16. Choose two new emergency scenarios to work through. (Requirement 2-Animal Kingdom)	17. Sing "If You're a Lion and you know it" Song lyrics can be found in the Lion Den Leader Guide page 30 -Lion's Honor	18. Plant some flowers in your yard. Take care of them so that the bees in your community can have a nice snack (Requirement 3-Ready, Set, Grow)
19. Go on a family walk. With proper protective gear. (Activity 1-Mountain Lion)	20. Choose two new emergency scenarios to work through. (Requirement 2-Animal Kingdom)	21. Go over animals and when they sleep. Make a game of it. Worksheet on the GLAAC Facebook and Instagram. (Requirement 3-Fun on the Run)	22. Play a round of Milk Jug corn hole. Discuss how putting different levels of strength into each throw effects the bag. (Gathering Activity-Gizmos & Gadgets) Tutorial found on GLAAC Facebook and Instagram.	23. Genius Kit- create a kit of 8 house held items and see what your lion can create with those items. Have them explain their creation to you. (Activity 4-Gizmos & Gadgets)	24. Gadget collage- have your lion cut images out of a magazine or add that make life easier. Have them glue them all to one sheet and explain why they chose those items. (Activity 5-Gizmos & Gadgets)	25. Go on a family walk. How many animal or animal homes do you see on your walk? *Protective masks should be taken on the walk. (Requirement 3-Mountain Lion)

<p>26. Make an at home neckerchief slide using items that you have at home. Tutorial found on GLAAC Facebook and Instagram. (Activity 3- Gizmos &amp; Gadgets)</p>	<p>27. Family discussion how can you be a good leader? How can you lead your family, siblings and friends? (Requirement 3-King of the Jungle)</p>	<p>28. Repeat the Scout Law. Explain which is you will work on doing today. (Requirement 2&amp;3 Lion's Honor)</p>	<p>29. Sing Head Shoulders Knees and Toes (Opening Activity-Fun on the Run)</p>	<p>30. Sing Build, Build, Build as you build a block tower. Song lyrics can be found in the Lion Den Leader Guide page 57</p>	<p>31. Explore your backyard. What do you see? What do you smell? (Activity 1-Mountain Lion)</p>	
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